

OPEN  
THOUGHTS  
*Poetry*

# INTRODUCTION

ENiGMA held a workshop event to introduce poetry as a way of engaging and motivating learners, as well as improving English reading, writing and speaking and listening skills.

Manchester-born poet Lemn Sissay led the workshop with a view to introducing staff to simple poetry exercises to be used with their learners.

This booklet - 'Open Thoughts' is a collection of the poems produced by the women from Novus English classes. The class ability ranges from Entry Level 3 to Level 2 and ESOL learners.

# EYE POWER

You're the light of my day  
You're the tears in my eyes  
You're the heart in my body  
You're the eyes open wide

You're the shadow behind me  
You're the apple in the trees  
You're the one that wants me  
You're the sting to the bee

You're the green in my eyes  
You're the kiss on my lips  
You're the thoughts in my head  
You're the apple to the pips

You're the fish in the sea  
You're the sun in the sky  
You're the salt in the seawater  
You're the butter to the fly

You're the yellow on the bee  
You're the stem on the flower  
You're the lash in my eye

**Be my power.**

By Sonya Thornton

# RACING DOWN THE NIGHT

Why are you dark to my light?  
Why do you like bread but not butter?  
Why are you sad but not happy?  
Why does your heart flutter?

Why do you like sand but not water?  
Why do you love milk but not cheese?  
Why do you hate yourself but not me?  
Why do you like honey not bees?

Why do you like days to nights?  
Why does your heart feel like it is racing?  
Why do you jump up and down?  
Why are you always packing?

Why are you so thin like a rake?  
Why do you like red but not blue?  
Why do you read so bright?  
Why do you like paint but not glue?

Why do you eat so much?  
Why do you laugh so good?  
Why do you smell so well?

**I hate that hood.**

By Jeanette Richardson

# STRENGTH POWER FISH

You're the string to my bow,  
You're the seed to my flower  
You're the soul to my body  
You're the strength of my power

You're the love of my life  
You're the word to my book  
You're the best of me  
You're the eye to my look

You're the time in my day  
You're the sun in the sky  
You're the feeling of happiness  
You're the bird in the pie

You're the luck of the draw  
You're the money in my bank  
You're the good of my day  
You're the fish in my tank

You're the tree of the woods  
You're the G in good  
You're the swing in the park

**This is being loved.**

By Katherine King

# MY LOVE

You're the beautiful woman  
You're the most important in my life  
You're the sun in the sky  
You're the sharp in my knife

You're the flower in the dark garden  
You're the bird in my class  
You're the spider on the wall  
You're the honey in the glass

You're the start in the sky  
You're the coffee in my day  
You're the melody of my life  
You're the light of my way

You're the sweets in my pocket  
You're the sweet like honey  
You're the fast of my car  
You're the expense of my money

You're the someone of my existence  
You're the funny of my day  
You're the girl of my body  
**I've missed on my way.**

*By Bogumila Kazik*

# THE SUN, THE BEES AND THE TREES

You're the comfort of my bed  
You're the thought in my head  
You're the butter on my toast  
You're the tools in my shed

You're the cloud in my sky  
You're the drop of the rain  
You're the light in my life  
You're the ache of my pain

You're the heat from the sun  
You're the icing on my cake  
You're the only number one  
You're the reason I'm awake

You're the sparkle in my eye  
You're the leaves on the trees  
You're the best friend of mine  
You're the honey from the bees

You're the wrong to my right  
You're the melody of the song  
You're the sweet to my sour  
**I'm sorry I did wrong.**

By Gillian Heeps

# DAUGHTER

You're the air that I breathe  
You're the apple of my eye  
You're the sun that shines  
You're the tear that I cry

You're the sun that shines  
You're the eye that I twink  
You're the start that sparkles  
You're the sun that sinks

You're the one I miss  
You're the one that makes me happy  
You're the plait in my hair  
You're the tabs to my nappy

You're the baby to my cord  
You're the food that I eat  
You're the baby I carried  
You're the shoe to my feet

You're the pencil in my case  
You're the chalk to my board  
You're the ying to my yang

**I feel ignored.**

By Siobhan McManus



# SHADOW, TWINKLE AND STRING VEST

You're the shadow in my dream  
You're the sound of my day  
You're the love of my soul  
You're the light in my way

You're the best thing to me  
You're the twinkle in my eye  
You're the tonic in my gin  
You're the one who never says goodbye

You're the seed in my apple  
You're the angel in my life  
You're the currant in my bun  
You're the woman who was a wife

You're the bee in my bonnet  
You're the bird in my nest  
You're the stride in my steps  
You're the string to my vest

You're the leaf off a tree  
You're the sole of my shoe  
You're the butterfly in the sky

**You're the one I can't wait until I am home to you...**

By Sadie Holt

# SWEET DREAM

If I could be free  
If I could go home tomorrow  
If I could see you  
If I could no longer sorrow

If I could see blue sky  
If I could smile all day  
If I could be happy  
If I could walk away

If I could be a butterfly  
If I could drink honey  
If I could sit on a flower  
If I could make money

If I could be a flower  
If I could grow faster  
If I could be in the garden  
If I could have a famous master

If I could be you  
If I could give you a kiss  
If I could cuddle up  
If I could....

**There's nothing I would miss.**

By Bogumila Kazik

# SKY SAND HEART

You're the healing to my wounds  
You're the breath in my lung  
You're the sun to the shine  
You're the song to be sung

You're the smile on my face  
You're the twinkle in my eye  
You're the love in 'I love you'  
You're the tears from when I cry

You're the cheek in being cheeky  
You're the voice in spoken words  
You're the smell in gorgeous perfumes  
You're the song that comes from birds

You're the glitter in the sky  
You're the seashells in the sand  
You're the tingle in my tummy  
You're the man I call husband

You're the beating in my heart  
You're the shiver down my spine  
You're the set in sunset

**I'm so glad that you are mine.**

By Gemma Wilson

# THE STARS, THE KITE, THE VALENTINE

You're the one that sets me free  
You're the one that's very clever  
You're the one that I love the most  
You're the one for me forever

You're the one I need  
You're the apple of my eye  
You're the love that makes me high  
You're the stars in the sky

You're the one I miss at night  
You're the bow on my kite  
You're the song my heart sings  
You're my Mr Right

You're the light when things aren't bright  
You're the one I pray for at night  
You're the one that's mine  
You're the eye to my sight

You're the one that I love forever  
You're the drop of rain  
You're the one that's mine  
You're the missing piece to my jigsaw  
**Be my valentine, I love you always.**

By Kerrie Buckley

# PRAYERS, ACHES AND DREAMS

You're the apple in my eye  
You're the cherry on my cake  
You're the stars in the sky  
You're the reason my heart aches

You're the sound in my laugh  
You're the legacy I will leave  
You're the reason I carry on  
You're the air that I breathe

You're the sweet in my dreams  
You're the reason I wake up  
You're the names in my prayers  
You're the tea in my cup

You're the reason why I am sorry  
You're the reason I'll regret  
You're the guilt that I feel  
You're the goals I have set

You're the ones that I miss  
You're the B in my boy  
You're the ones that I love to kiss

**Mothers' pride and joy.**

By Julieanne Doherty

# THE LOVE, PAIN AND ABOVE

You're the light of my life  
You're the butter on my bread  
You're the fire in my soul  
You're the pain in my head

You're the window of myself  
You're the happy in my sad  
You're the one I always run to  
You're the good in my bad

You're the core of my fruit  
You're the bird in my sky  
You're the pain in my side  
You're the currant in my pie

You're the beat of my heart  
You're my flying dove  
You're the one I want to marry  
You're the all and above

You're the diamond in my ring  
You're the buzz in my bee  
You're the ding in my bell

**Will you marry me?**

By Emma Bruce

# THE NIGHT FLY SKY

You're the shadow of my life,  
You're the apple of my eye  
You're the image of myself  
You're the crust of the pie

You're the prong of a rake  
You're the horns of a bull  
You're the soul of laughter  
You're the light as in dull

You're the tick to my clock  
You're the butter to my bread  
You're the night of my day  
You're the wire in my head

You're the penny in my thoughts  
You're the angel in the sky  
You're the brightness by far  
You're the F in fly

You're the thorn in my side  
You're the box that chatters  
You're the egg on my face

**Be my platter.**

By Jeanette Richardson



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such as large print, on request.

Novus is committed to equality of opportunity,  
non-discriminatory practices and supporting individual learners.